



Regular Activities

DAY		ACTIVITY	CONTACT			
Monday	am	Star Jumpers -Pre-school gym classes	Steve Denny	0117-9570009	Weekly	
	am	Coffee Drop-In Free tea or coffee	Rev Kevin Donaghy	0117-9575418	Weekly	
	am	Sing & Sign Baby signing classes	Agi Maiden	0117-3308121	Weekly	
	am/pm	Abacus Pre-School	Nicky or Jayne	01454 867285	Weekly	
	pm	East Bristol Youth / Adult Chorus -Music Choir eastbristolchorus@hotmail.co.uk	Mark Williams	07925 882862	Weekly	
	eve	P.U.M.A Martial Arts	Richard Thornton	0117-9565380	Weekly	
	eve	Bums & Tums Fitness Class	Victoria Kynoch	07737-837377	Weekly	
	eve	Pilates	Muriel Burnside	0117-9565497	Weekly	
	Tuesday	am	Jo Jingles -music for babies & young children (www.jojingles.com/bristol)	Pamela Macleod	01454-610553	Weekly
am		Star Jumpers -Pre-school gym classes	Steve Denny	0117-9570009	Weekly	
pm		Classique Academy of Dance -Ballet & modern for pre school children	Jenette Clothier	07887 972451	Weekly	
eve		Boxercise - for ladies & Gents	Andy Wareham	0776 0472984	Weekly	
eve		Cardio Conditioning/Top to Toe Body Blast	Andy Wareham	0776 0472984		
eve		Weight Watchers	Sian Miller	0117-3304933	Weekly	
eve		Emersons Green Brownies	Donna		Weekly	
eve		Emersons Green Guides	Catherine Walsh	0117 9109699	Weekly	
Wednesday		am/pm	Music with Mummy -pre-school music group (www.musicwithmummy.co.uk)	Debra Denny	0117-9574443	Weekly
	am	Rainbow Tots -Emersons Green community church Parent & Toddler Group	Kevin Donaghy	0117-9575418	Weekly	
	am/pm	Abacus Pre-School	Nicky or Jayne	01454 867285	Weekly	
	eve	T.A.G.B Tae Kwon Do (www.emersonsgreentkd.com)	Lee David Newman	0117-9029347	Weekly	
	eve	Guitar Lessons - Beginners- adults	Vicky Purves	07747 668624	Weekly	
	eve	Slimming World	Pat Dando	0117-9571925	Weekly	
	eve	Yoga	Jenny Greenslade	0117-9613327	Weekly	
	eve	Pilates	Muriel Burnside	0117-9565497	Weekly	
	eve	Salsa-Evolution - Salsa Class	Phil Heath	07703437057	Weekly	
	Thursday	am	Weight Watchers	Sian Miller	0117-3304933	Weekly
am		Abacus Pre-School	Nicky or Jayne	01454 867285	Weekly	
am/pm		Senior Citizens Social Club	Village Hall	01454 862182	Monthly	
pm		Rainbows	Claire Mills	07887 778556	Weekly	
pm		Whist Club - whist for all abilities	Village Hall	01454 862182	Weekly	
pm		Street Dancing -for ages 8-13	Louise Welsh	07754 039059	Weekly	
pm		Aerobics - fitness for all levels	Louise Welsh	07754 039059	Weekly	
eve		Emersons Green Quilters	Mary Nicholls	0117-9563018	Monthly	
eve		Egyptian Nights -Belly Dance Classes (www.egyptiannights.co.uk)	Anna Chandler	01454-619557	Weekly	
eve		Guest Church Youth Café - 11-16 years	Andy or Mel	07866 665505	Weekly	
eve		Scrapbooking	Tracey Williams	07866 678560	Monthly	
eve		Mangotsfield Rural Parish Council Meeting	Clerk to Council	01454-862180	Monthly	
Friday		am	Tadpoles & Tiddlers -Parent & toddler Group (www.tadpolesandtiddlers.co.uk)	Debbie Lugton	07855 426497	Weekly
		am/pm	Abacus Pre-School	Nicky or Jayne	01454 867285	Weekly
	pm	Stageworks -Children's Theatre School	Mark Williams	07925 882862	Weekly	
	pm	Over 50's Keep-Fit - gentle exercise	Louise Welsh	07754 039059	Weekly	
	pm	Women`s Institute -all ages welcome	Mrs H.Hynam	0117 9864782	Monthly	
	Pm	Boxing Fitness Class	Ross Rugman	07825 388935	Weekly	
	eve	Downend Art Club	Steve Wheeler	0117-3301326	Weekly	
Saturday	am	Kidz Klub - Run by Grace Church	Pastor Nathan Smith	0117-3308596	Weekly	
	a m	Irish Dancing - for children (www.omalleyirishdance.co.uk)	Kate O'Malley	07934 444877	Weekly	
	a m	Weight Watchers	Kate Martin	07931 997780	Weekly	
	pm	T.A.G.B Tae Kwon Do	Lee David Newman	0117-9029347	Weekly	
Sunday	am	Emersons Green Baptist Church	Rev Kevin Donaghy	0117-9575418	Weekly	

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