

DAY	TIMES	ACTIVITY	ROOM	CONTACT	DETAILS	FREQUENCY
Monday	09.15—10.00	Pilates—For adults	Willow Room	Miriam Roberts	07889 243998	Weekly
	10.30—11.05	Rock Out Baby	Park Room	Ella Arnold	07525 363628	Weekly
	AM/PM	Star Jumpers—Pre-school gym classes	Main Hall	Steve Denny	0117 9570009	Weekly
	11.15—12.45	Knit & Natter—(drop in session—£1 per person)	Green Room	Run by EGVH	01454 862182	Weekly
	10.30-11.30	Zumba Bristol	Willow Room	Stephanie Barter	07496 277804	Weekly
	13.30—14.30	Naturally Healing Yoga—Over 50's	Willow Room	Sarah Hussey	07976851748	Weekly
	15.30-18.30	Kumon	Willow Room	Sonya Willman	emesongreen@kumoncentre.co.uk	Weekly
	16.00—18.30	344 Dance (Ballet, Tap & Modern Dance)—For children	Park Room	Kathy Plaster	0117 9655660	Weekly
	16:00-17:30	Theatretrain Bristol—Dance, Act, Sing	Main Hall	Sue Silcox	bristol@theatretrain.co.uk	Weekly
	18.00—18.45	Box Fit	Main Hall	Jeremiah Leat	07486 470473	Weekly
	19:30-2100	Men's Talk Club	Green Room	Jonathan Matias	jonathanbmatias@yahoo.com	Weekly
	19.45-19.45	Salsa Joy	Willow Room		salsajoy1@gmail.com	Weekly
	1900-2200	Beyond The Horizons	Park Room	Elizabeth Stokes	07736 215231	Weekly
	20.00—21.00	Pilates	Willow Room	Miriam Roberts	07889 243998	Weekly
Tuesday	09.30—10.15	Hartbeeps— Happy House (busy toddlers and younger siblings)	Willow Room	Jenny Quinn	07929 200560	Weekly
	10.45—11.30	Hartbeeps—Baby Beeps (approx. 7 months, sitting comfortably)	Willow Room	Jenny Quinn	07929 200560	Weekly
	12.00—12.45	Hartbeeps—Baby Bells (8 weeks to sitting, smaller babies welcome)	Willow Room	Jenny Quinn	07929 200560	Weekly
	Morning	Jo Jingles—Music for babies & young children	Park Room	Tracy Bees	07713 943666	Weekly
	AM/PM	Star Jumpers—Pre-school gym classes	Main Hall	Steve Denny	0117 9570009	Weekly
	13.15—15.15	Scrabble Club (2nd Tuesday of each month)	Park Room	Diane Roberts	dianeroberts41@outlook.com	Monthly
	16.00—20.30	344 Dance (Ballet, Tap & Modern Dance)—For children	Willow/Park	Kathy Plaster	0117 9655660	Weekly
	17.00—19.00	GKR Karate—For children and adults	Main Hall	Mark Woods	07951 947280	Weekly
	19.15—21.15	Downend Art Club—For adults	Park Room	Steve Wheeler	07928 799835	Weekly
	19.30—20.45	Boogie Bounce—Fitness class for adults	Main Hall	Claire Boon	07805 360411	Weekly
Wednesday	10.15—14.45	Baby Sensory Bristol East —Early learning for babies	Main Hall	Helen Williams	07721 615412	Weekly
	11.15—12.15	Discover Yoga Discover You	Park Room	Louise Fenner	07786 088558	Weekly
	14.30—19.30	Art Classes— For children and adults	Park Room	Catherine Williams	07966 328525	Weekly
	17.15—20.00	T.A.G.B. Tae Kwon Do—For children and adults	Main Hall	Lee David Newman	07795 467262	Weekly
	18.30—19.30	Yoga—For adults	Willow Room	Hayley McAlinden	07748 452956	Weekly
	20.00—21.00	Power Hoop	Main Hall	Amy Sinclair	07810 404708	Weekly
Thursday	10.00—12.00	Citizens Advice—Drop In	Green Room	NA	NA	Weekly
	10.30—11.30	Senior Dance Exercise—Over 50s	Main Hall	Louise Hopton	07754 039059	Weekly
	10.45-11.30	Magical Pre-School Ballet (2.5-5 year)	Willow Room	Georgia Smart	07751 812701	Weekly
	10.00-12.00	Coffee Shop (Drop In)	Park Room	Run by EGVH	01454 862182	Weekly
	16.00 —17.00	3D Street Dancing— Ages 8-13 years	Main Hall	Louise Hopton	07754 039059	Weekly
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	19.00—20.00	Yoga	Park room	Olga Church	07952 910538	Weekly
	19.15—21.30	Beechmere Belles—W.I Group—(4th Thurs of month)	Willow Room	Karen Lyle	07964 220724	Monthly
	19.40—20.40	Fitsteps (suitable for all ages & abilities)	Main Hall	Amy Vickery	07791 562464	Weekly
	20.00—21.00	The Guitar Coach (2nd Thursday of each month)	Willow Room	Richard Hillyer	07929 976278	Monthly
Friday	10.00—10.45	Diddi Dance—Preschool dance class	Willow Room	Emily Norman	07850 983821	Weekly
	11.00—11.45	Diddi Dance—Preschool dance class	Willow Room	Emily Norman	07850 983821	Weekly
	10.00—11.30	Rainbow Tots—Playgroup	Main Hall	Simon Budd	07765 201435	Weekly
	13.30—16.00	Emersons Green Ladies Group (1st Fri of month)	Willow Room	Hazel Hynham	0117 9572839	Monthly
	16.00—19.15	344 Dance (Ballet, Tap and Modern Dance) —For children	Park Room	Kathy Plaster	0117 9655660	Weekly
	17.00—17.50	Roller Skating—For 5yr—12yr	Main Hall	Josh Pollard	07940 141060	Weekly
	18.00—19.00	GKR Karate—For children and adults	Main Hall	Mark Woods	07951 947280	Weekly
	19:30—21:30	Chess Club	Park Room	Wilson Ahonsi	07539342043	Weekly
Saturday	09.20—11.45	T.A.G.B. Tae Kwon Do—for children and adults	Main Hall	Lee David Newman	07795 467262	Weekly
	9:30—12:30	Kumon	Willow Room	Sonya Willman	emesongreen@kumoncentre.co.uk	Weekly
	10.15—11.15	Discover Yoga	Park Room	Louise Fenner	07786 088558	Weekly
	14.00—15.00	Nexus Dance & Fitness — adult fitness class	Park Room	Holly Stubbs	07590 637618	Weekly
		Open for private parties and events				
Sunday	10.30—12.00	Emersons Green Baptist Church Service	Willow Room	Simon Budd	07765 201435	Weekly

If you are interested in holding a regular activity at our hall please, call: 01454 862182 or E-mail: reception@egvh.org.uk to discuss availability

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Updated: 26/01/2025